RANKING 2026
FEMININO

DORSAL	AGE GROUP	RANKING 2026			PONTOS 2025	URBAN OBSTACLES LISBOA	FLAVIUS CHAVES	URBAN OBSTACLES LOURES	VIEIRFIT VIEIRA DO MINHO	FPOCR SOBARL	CN 12KM	CN 3KM	CN 100M	LYNXRACE MOURA	URBANFIT MONTALEGRE	PONTOS 2025
		NOME	POSICAO	PONTOS												
659	F 20	MAFALDA NOGUEIRA	1	1036	600	0	0	0	0	0	0	0	0	300	300	436
821	F 30	MARISA HIPOLITO	2	844	525	0	0	0	0	0	0	0	0	270	255	319
832	F 40	TANIA MILLER	3	801	451	0	0	0	0	0	0	0	0	218	233	350
234	F 40	ELSA RODRIGUES	4	657	511	0	0	0	0	0	0	0	0	263	248	146
980	F 25	TANIA SANTINHO	5	635	548	0	0	0	0	0	0	0	0	285	263	87
351	F 45	CARLA MOCHILA	6	495	421	0	0	0	0	0	0	0	0	212	209	74
1067	F 30	DANIELA OLIVEIRA	6	495	495	0	0	0	0	0	0	0	0	255	240	0
670	F 40	VANESSA ESTEVEZ	8	490	406	0	0	0	0	0	0	0	0	200	206	84
475	F 35	INES VICENTE	9	475	430	0	0	0	0	0	0	0	0	215	215	45
1049	F 18	MARIA CORREIA	10	458	458	0	0	0	0	0	0	0	0	233	225	0
16	F 50	ELIZABETE SANTOS	11	440	400	0	0	0	0	0	0	0	0	197	203	40
502	F 30	CAROLINA LOPES	12	425	285	0	0	0	0	0	0	0	0	0	285	140
1040	F 25	SARA GOMES	13	424	424	0	0	0	0	0	0	0	0	206	218	0
1048	F 16	CONSTANCA RODRIGUES	14	394	394	0	0	0	0	0	0	0	0	194	200	0
894	F 40	INES PALMA	15	305	225	0	0	0	0	0	0	0	0	225	0	80
745	F 30	IAN MOIRINHO	16	298	248	0	0	0	0	0	0	0	0	248	0	50
987	F 25	MARIA MADEIRA	17	275	240	0	0	0	0	0	0	0	0	240	0	35
868	F 45	ISABEL MATOS	18	273	191	0	0	0	0	0	0	0	0	191	0	82
1066	F 35	VERONICA GRANDE	19	270	270	0	0	0	0	0	0	0	0	0	270	0
166	F 35	JOANA LOPES	20	264	0	0	0	0	0	0	0	0	0	0	0	264
567	F 40	ALEXANDRA CARVALHO	21	251	209	0	0	0	0	0	0	0	0	209	0	42
732	F 45	VERA TOUBARRO	22	241	203	0	0	0	0	0	0	0	0	203	0	38
251	F 30	MARIANA ELVAS	23	212	212	0	0	0	0	0	0	0	0	0	212	0
865	F 40	VERA MAIA	24	188	188	0	0	0	0	0	0	0	0	188	0	0
397	F 40	JULIANA SALGUEIRO	25	181	0	0	0	0	0	0	0	0	0	0	0	181
712	F 20	LEONOR ROCHA	26	141	0	0	0	0	0	0	0	0	0	0	0	141
74	F 55	EUGENIA MARTINS	27	127	0	0	0	0	0	0	0	0	0	0	0	127
915	F 16	DIANA SANTOS	28	119	0	0	0	0	0	0	0	0	0	0	0	119
853	F 35	ADRIANA FERNANDES	29	114	0	0	0	0	0	0	0	0	0	0	0	114
665	F 40	CINTIA NUNES	29	114	0	0	0	0	0	0	0	0	0	0	0	114
296	F 30	FATIMA FERREIRA	31	96	0	0	0	0	0	0	0	0	0	0	0	96
888	F 30	SILVIA CARBALLAL	32	82	0	0	0	0	0	0	0	0	0	0	0	82
953	F 25	TERESA ANTUNES	33	73	0	0	0	0	0	0	0	0	0	0	0	73
965	F 20	MARIANA CACOILA	34	70	0	0	0	0	0	0	0	0	0	0	0	70
290	F 35	ELISA DE LA CRUZ	35	53	0	0	0	0	0	0	0	0	0	0	0	53
824	F 20	INES LOPES	36	43	0	0	0	0	0	0	0	0	0	0	0	43
791	F 25	ALICE MELO	37	41	0	0	0	0	0	0	0	0	0	0	0	41
470	F 50	ANA ALBUQUERQUE	38	39	0	0	0	0	0	0	0	0	0	0	0	39
211	F 30	CAROLINA SERRA	39	34	0	0	0	0	0	0	0	0	0	0	0	34
660	F 15	LARA LOPES	40	31	0	0	0	0	0	0	0	0	0	0	0	31