



DORSAL	AGE GROUP	RANKING 2026			PONTOS 2025			FPOCR SOBARL	FLAVIUS CHAVES	URBAN OBSTACLES LOURES	VIEIRFIT VIEIRA DO MINHO	CN 14KM	CN 3KM	LYNXRACE MOURA	URBANFIT MONTALEGRE	PONTOS 2025
		NOME	POSICAO	PONTOS												
821	F 30	MARISA HIPOLITO	1	1649	1330	0	0	0	0	0	220	285	300	270	255	319
659	F 20	MAFALDA NOGUEIRA	2	1299	863	0	0	0	0	0	0	263	300	300		436
832	F 40	TANIA MILLER	3	1296	946	0	0	0	0	0	240	255	218	233		350
234	F 40	ELSA RODRIGUES	4	1114	968	0	0	0	0	0	187	270	0	263	248	146
980	F 25	TANIA SANTINHO	4	1114	1027	0	0	0	0	0	209	0	270	285	263	87
1067	F 30	DANIELA OLIVEIRA	6	948	948	0	0	0	0	0	198	255	0	255	240	0
712	F 20	LEONOR ROCHA	7	726	585	0	0	0	0	0	300	285	0	0		141
351	F 45	CARLA MOCHILA	8	720	646	0	0	0	0	0	0	225	212	209		74
868	F 45	ISABEL MATOS	9	713	631	0	0	0	0	0	225	215	191	0		82
502	F 30	CAROLINA LOPES	10	688	548	0	0	0	0	0	263	0	0	285		140
74	F 55	EUGENIA MARTINS	11	623	496	0	0	0	0	0	248	248	0	0		127
1040	F 25	SARA GOMES	12	606	606	0	0	0	0	0	182	0	0	206	218	0
670	F 40	VANESSA ESTEVEZ	13	490	406	0	0	0	0	0	0	0	200	206		84
475	F 35	INES VICENTE	14	475	430	0	0	0	0	0	0	0	215	215		45
988	F 25	MARGARIDA TOUREIRO	15	466	466	0	0	0	0	0	233	233	0	0		0
1066	F 35	VERONICA GRANDE	16	463	463	0	0	0	0	0	193	0	0	0	270	0
1049	F 18	MARIA CORREIA	17	458	458	0	0	0	0	0	0	0	233	225		0
16	F 50	ELIZABETE SANTOS	18	440	400	0	0	0	0	0	0	0	197	203		40
1048	F 16	CONSTANCA RODRIGUES	19	394	394	0	0	0	0	0	0	0	194	200		0
665	F 40	CINTIA NUNES	20	326	212	0	0	0	0	0	0	212	0	0		114
894	F 40	INES PALMA	21	305	225	0	0	0	0	0	0	0	225	0		80
745	F 30	IAN MOIRINHO	22	298	248	0	0	0	0	0	0	0	248	0		50
987	F 25	MARIA MADEIRA	23	275	240	0	0	0	0	0	0	0	240	0		35
166	F 35	JOANA LOPES	24	264	0	0	0	0	0	0	0	0	0	0		264
567	F 40	ALEXANDRA CARVALHO	25	251	209	0	0	0	0	0	0	0	209	0		42
732	F 45	VERA TOUBARRO	26	241	203	0	0	0	0	0	0	0	203	0		38
981	F 50	CELINA VEIGA	27	240	240	0	0	0	0	0	0	240	0	0		0
1042	F 30	ANA SÁ	28	218	218	0	0	0	0	0	0	218	0	0		0
251	F 30	MARIANA ELVAS	29	212	212	0	0	0	0	0	0	0	0	212		0
865	F 40	VERA MAIA	30	188	188	0	0	0	0	0	0	0	188	0		0
397	F 40	JULIANA SALGUEIRO	31	181	0	0	0	0	0	0	0	0	0	0		181
915	F 16	DIANA SANTOS	32	119	0	0	0	0	0	0	0	0	0	0		119
853	F 35	ADRIANA FERNANDES	33	114	0	0	0	0	0	0	0	0	0	0		114
296	F 30	FATIMA FERREIRA	34	96	0	0	0	0	0	0	0	0	0	0		96
888	F 30	SILVIA CARBALLAL	35	82	0	0	0	0	0	0	0	0	0	0		82
953	F 25	TERESA ANTUNES	36	73	0	0	0	0	0	0	0	0	0	0		73
965	F 20	MARIANA CACOILA	37	70	0	0	0	0	0	0	0	0	0	0		70
290	F 35	ELISA DE LA CRUZ	38	53	0	0	0	0	0	0	0	0	0	0		53
824	F 20	INES LOPES	39	43	0	0	0	0	0	0	0	0	0	0		43
791	F 25	ALICE MELO	40	41	0	0	0	0	0	0	0	0	0	0		41
470	F 50	ANA ALBUQUERQUE	41	39	0	0	0	0	0	0	0	0	0	0		39
211	F 30	CAROLINA SERRA	42	34	0	0	0	0	0	0	0	0	0	0		34
660	F 15	LARA LOPES	43	31	0	0	0	0	0	0	0	0	0	0		31