

RANKING 2026
FEMININO

DORSAL	AGE GROUP	RANKING 2026			PONTOS 2025			FPOCR SOBARL	URBAN OBSTACLES LOURES	VIEIRFIT VIEIRA DO MINHO	CN 14KM	CN 3KM	LYNXRACE MOURA	URBANFIT MONTALEGRE	PONTOS 2025
		NOME	POSICAO	PONTOS											
821	F 30	MARISA HIPOLITO	1	1949	1630	0	0	0	300	220	285	300	270	255	319
659	F 20	MAFALDA NOGUEIRA	2	1584	1148	0	0	0	285	0	0	263	300	300	436
832	F 40	TANIA MILLER	3	1511	1161	0	0	0	215	0	240	255	218	233	350
234	F 40	ELSA RODRIGUES	4	1362	1216	0	0	0	248	187	270	0	263	248	146
1067	F 30	DANIELA OLIVEIRA	5	1203	1203	0	0	0	255	198	255	0	255	240	0
980	F 25	TANIA SANTINHO	6	1114	1027	0	0	0	0	209	0	270	285	263	87
1040	F 25	SARA GOMES	7	869	869	0	0	0	263	182	0	0	206	218	0
74	F 55	EUGENIA MARTINS	8	856	729	0	0	0	233	0	248	248	0	0	127
1049	F 18	MARIA CORREIA	9	728	728	0	0	0	270	0	0	0	233	225	0
712	F 20	LEONOR ROCHA	10	726	585	0	0	0	0	0	300	285	0	0	141
351	F 45	CARLA MOCHILA	11	720	646	0	0	0	0	0	0	225	212	209	74
868	F 45	ISABEL MATOS	12	713	631	0	0	0	0	0	225	215	191	0	82
670	F 40	VANESSA ESTEVEZ	13	696	612	0	0	0	206	0	0	0	200	206	84
475	F 35	INES VICENTE	14	693	648	0	0	0	218	0	0	0	215	215	45
502	F 30	CAROLINA LOPES	15	688	548	0	0	0	0	0	263	0	0	285	140
1048	F 16	CONSTANCA RODRIGUES	16	603	603	0	0	0	209	0	0	0	194	200	0
166	F 35	JOANA LOPES	17	489	225	0	0	0	225	0	0	0	0	0	264
988	F 25	MARGARIDA TOUREIRO	18	466	466	0	0	0	0	0	233	233	0	0	0
1066	F 35	VERONICA GRANDE	19	463	463	0	0	0	0	193	0	0	0	270	0
16	F 50	ELIZABETE SANTOS	20	440	400	0	0	0	0	0	0	0	197	203	40
665	F 40	CINTIA NUNES	21	326	212	0	0	0	0	0	0	212	0	0	114
853	F 35	ADRIANA FERNANDES	21	326	212	0	0	0	212	0	0	0	0	0	114
894	F 40	INES PALMA	23	305	225	0	0	0	0	0	0	0	225	0	80
745	F 30	IAN MOIRINHO	24	298	248	0	0	0	0	0	0	0	248	0	50
987	F 25	MARIA MADEIRA	25	275	240	0	0	0	0	0	0	0	240	0	35
567	F 40	ALEXANDRA CARVALHO	26	251	209	0	0	0	0	0	0	0	209	0	42
732	F 45	VERA TOUBARRO	27	241	203	0	0	0	0	0	0	0	203	0	38
981	F 50	CELINA VEIGA	28	240	240	0	0	0	0	0	0	240	0	0	0
1042	F 30	ANA SÁ	29	218	218	0	0	0	0	0	0	218	0	0	0
251	F 30	MARIANA ELVAS	30	212	212	0	0	0	0	0	0	0	0	212	0
865	F 40	VERA MAIA	31	188	188	0	0	0	0	0	0	0	188	0	0
397	F 40	JULIANA SALGUEIRO	32	181	0	0	0	0	0	0	0	0	0	0	181
1100	F 35	NURIA PINO	33	160	160	0	0	0	160	0	0	0	0	0	0
915	F 16	DIANA SANTOS	34	119	0	0	0	0	0	0	0	0	0	0	119
296	F 30	FATIMA FERREIRA	35	96	0	0	0	0	0	0	0	0	0	0	96
888	F 30	SILVIA CARBALLAL	36	82	0	0	0	0	0	0	0	0	0	0	82
953	F 25	TERESA ANTUNES	37	73	0	0	0	0	0	0	0	0	0	0	73
965	F 20	MARIANA CACOILA	38	70	0	0	0	0	0	0	0	0	0	0	70
290	F 35	ELISA DE LA CRUZ	39	53	0	0	0	0	0	0	0	0	0	0	53
824	F 20	INES LOPES	40	43	0	0	0	0	0	0	0	0	0	0	43
791	F 25	ALICE MELO	41	41	0	0	0	0	0	0	0	0	0	0	41
470	F 50	ANA ALBUQUERQUE	42	39	0	0	0	0	0	0	0	0	0	0	39
211	F 30	CAROLINA SERRA	43	34	0	0	0	0	0	0	0	0	0	0	34
660	F 15	LARA LOPES	44	31	0	0	0	0	0	0	0	0	0	0	31